**INDIGO Biofeedback System**

In approximately five minutes, the INDIGO Biofeedback System can simultaneously detect and record information about the individual client’s stress reactions.

The INDIGO Biofeedback System reveals a client’s voltage, amperage, resistance, hydration, oxygen, proton and electron pressure (VARHOPE) scores; these electrical calculations are important indicators of the health / stress of various different functions in the body.

Different lifestyle factors which could be contributing to the body’s overall stress load are reflected in the INDIGO Biofeedback System’s Suppression Obstruction Cure (SOC) scores.

Information about reactions to over 11,000 subtle stress related signatures and physiological parameters are also reported for client education.

**How Can The INDIGO Biofeedback System Help To Improve My Health?**

The INDIGO Biofeedback System functions in a multitude of ways, it can send signals to measure and record electrophysiological reactions to a multitude of items, re-educate certain muscles, nerves or organs or it can retrain areas of the body / mind to healthier patterns.

In other cases, it can invert certain signals which seem to be closely associated with a stress pattern.

The INDIGO Biofeedback System is by far the most comprehensive biofeedback system on the market today. Pre-designed stress reduction protocols may be used, or programs can be designed to meet the specific individual needs of each client. There are hundreds of different training programs that may used back-to-back in limitless combination’s to obtain optimum results.
Introducing Eternale 4 INDIGO

The Eternale Beauty System is now available as a software upgrade for your INDIGO Biofeedback System! Take the beauty, serenity and automated programs of the Eternale Beauty System and merge it into your already amazing INDIGO Biofeedback System!

INDIGO Features

The most important aspect of the INDIGO Biofeedback System is not just measuring the body electric, but measuring the changes.

The continued measuring and feedback of the system allows us to see the patient’s subtle reactions to words, ideas, items, or any stimuli is what makes biofeedback work. The body is a dynamic system that is never static; for example, there can never simply be one blood pressure, as it is changing dramatically every minute. The reactions or reactivity of a patient to a multitude of stimuli is an important tool in the INDIGO Biofeedback System’s ability to help clients retrain their reactions to even the subtle, non verbal and unconscious parameters of their physiology.

Other factors which contribute to the INDIGO Biofeedback System’s popularity amongst health professionals internationally are its cybernetic loop, and its ability to auto-focus for maximum training capacity. The cybernetic loop is a two-way communication between the device and the computer; it is constantly “checking in” with the client and measuring their progress. The auto-focus function works in conjunction with our cybernetic loop to allow practitioners to individualize their retraining protocols in order to meet highly detailed and specific needs of each client. This function also allows for what we refer to as “passive biofeedback”; the ability of the INDIGO Biofeedback System to help retrain a client’s physiological reactions at unconscious / autonomic levels.

The device can also, however, perform more active, conscious “classical biofeedback” or “neuro-feedback” type interventions.
Very few medical, hands on healing, or mental health modalities give the practitioner the ability to see exactly how well their clients are responding to the intervention, moment to moment. The INDIGO Biofeedback System actually calculates a percentage of change, giving a rectification value, upon completion of each stress reduction program. This is a huge benefit to practitioners.

While the program can allow for incredibly in-depth focusing, it is also exceptionally user-friendly. In most instances, when the practitioner opens a particular training panel the most beneficial biofeedback programs for that client are highlighted, based on that client’s reactions to the test of electro-physiological reactions (EPR). Selections can also be made using our auto-focus feature to determine which program in that panel would be most useful.

Upon beginning most training programs, the device first does a baseline assessment specific to that panel and then identifies what particular stress points have been revealed. For example, when working with the Electro-Oscillation Frequency Program the device will first reveal the strongest reactions to specific brainwave activities and patterns, before commencing the re-training process. In the spinal muscular re-education program, the stressors located in the spine are first highlighted in a stress assessment; the practitioner can then commence the re-training. This education process, unique to the INDIGO Biofeedback System, is also an incredible tool for practitioners and clients alike.

**A New Vision For Well Being**

The INDIGO Biofeedback System brings **A New Vision For Well Being** to the global healthcare marketplace. Many clients who receive INDIGO Biofeedback sessions report that they can “feel” a gentle warmth or tingling sensation during the treatment. This sensation is a result of our 64x increased sensitivity, 12x faster rate of information transfer, 50x greater range of frequency output and 1.5x more amplitude capacity, as well as significant increases in accuracy, range and coherence of the signals delivered by the INDIGO Biofeedback System.

It’s capabilities are far advanced from any of its competitor devices; in fact, practitioners internationally are trading in other, older biofeedback devices to ensure the best possible outcomes for their clients, using the very best that the INDIGO Biofeedback System technology has to offer today.

The principles of modern medicine’s “**hippocratic oath**” (helping professionals should do no harm) are integrated within the INDIGO Biofeedback System operational design. Its built-in alarm will signal the practitioner when a client has reached maximum training capacity during a specific program.

The device itself will shut down if for any reason the client is not integrating the training in a safe, healthy and satisfactory way during that session.

**Biofeedback Session**

During an INDIGO Biofeedback session, the client wears wrist and ankle bracelets as well as a head harness.
The sensors / electrodes comfortably read electrical impulses from the body and send the information to the computer which acts as a monitoring device. The biofeedback practitioner is able to educate the client as to what specific areas of the body / mind are most in need of stress reduction and re-education based on the information translated from the biofeedback device to the computer screen.

These data findings allow the client to better understand their reactions to stress and learn how to better control their physiological responses.

During an INDIGO Biofeedback session, the biofeedback practitioner is also able to educate the client as to what specific areas of the body / mind are most in need of stress reduction and re-education based on the information translated from the biofeedback device to the computer screen. While the biofeedback process is completely non-invasive and gentle, this powerful stress management support system allows relaxation and increased ability for the body to heal.

The body is designed to heal itself! The process of biofeedback is not to heal - but to help the body remember the balanced and stress free state. When it is entrained to the healthier patterns of a relaxed state, this process of self-regeneration often happens naturally.

**How many sessions are needed?**

Biofeedback is an entrainment process. Entrainment is a well studied phenomenon within physics, by which two separate systems, operating at varying frequencies, will settle into a common frequency when situated within one’s field of influence. It may take the body multiple sessions to entrain or “relearn” healthier patterns. Some people respond very quickly, especially those whose lifestyle choices are already aligned with good health.

Others may need more education, training and support around improving nutrition, exercise and / or sleep patterns, or avoiding addictive substances etc. Generally speaking, the longer a client has held certain stress patterns which are causing them pain or illness, the more sessions they may need to begin re-balancing or re-training those patterns and reactions.

Generally, we recommend clients make a commitment to their health by investing in multiple sessions in order to truly see and feel the results.

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